



Pennsylvania Academy of Ballet
29 North Narberth Avenue
Narberth, PA 19072



Founders
Margarita de Saá
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Director
Melinda Pendleton

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Faculty
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Linda Mintzer
Barby Roche
Tatyana Shargorodsky
Elena Tiuriakulova

Accompanists
Lauren Hirsch
Tatyana Shargorodsky

2025 Summer Programs

Intermediate Ballet Intensive & Adult Division
June 30—August 1, 2025 Mon.—Fri. for 5 weeks.
July 4—no classes

CURRICULUM

Intermediate Ballet Intensive

The Pennsylvania Academy of Ballet is offering a 5-week Classical Ballet Intensive for Intermediate level dancers in the summer of 2025. Instruction focuses on classical ballet technique based on the Vaganova curriculum and method of training. Each session will include a strong mix of technique and pointe work, as well as alternative dance forms and conditioning classes.

2025 supplemental classes will include Modern, Contemporary and Musical Theater Dance. “Technique Focus” is a special class that brings attention to different individual steps. Conditioning, Progressing Ballet Technique and Floorwork classes focus on strength, cardio and flexibility training.

Each day begins at 11:00 and ends at 4:30 pm on Mondays-Wednesdays, 4:00 pm on Thursdays and 2:30 on Fridays. Each week includes 19 scheduled classes.

Dancers in our Intensive **must** attend a minimum of two (2) weeks. We strongly encourage dancers to schedule **consecutive** weeks to get the benefits of continuity in training.

The program is designed for students age 11 and up who have had a minimum of 3 consecutive years of ballet training and at least 6 months on pointe. The Intermediate program will be open to a small number of pre-pointe students who **must** come for a placement class before the end of May 2025.

Advanced

Advanced dancers have the option to attend Adult classes and may return to the studio for the Musical Theater, Contemporary and Modern dance classes on a drop-in basis. To customize a more comprehensive summer program for your Advanced dancer, please call 610.664.3455.

PROGRAM PARTICIPATION

Participation in our Summer Program is based on a placement class that may be taken any time from March 13 to May 31. Placement is determined by age and experience. Please call to schedule your placement class at your earliest convenience. If it is impossible for you to come in for a class, please call the studio 610.664.3455 to discuss participation in our Summer Program.

Summer Program Tuition

Choose number of weeks you will attend to determine your total tuition due at registration.

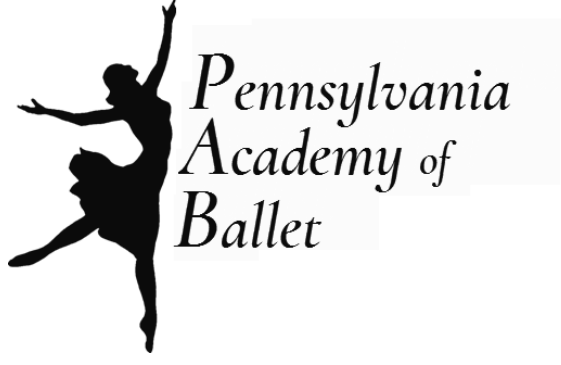
Note: There is a 10% tuition discount for anyone attending 4 or 5 weeks of our Summer Programs.

Classical Ballet Intensive — Intermediate

| | |
|-----------|-----------------------------|
| 2—3 weeks | \$500/week |
| 4 weeks | \$1,800 (includes 10% disc) |
| 5 weeks | \$2,250 (includes 10% disc) |

ADULT DIVISION CLASSES: Adult division tuition can be paid by Class Card or by individual class.

| | |
|---------------|-------|
| Single Class | \$20 |
| 10-class card | \$180 |
| 20-class card | \$340 |



29 N. Narberth Avenue
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SUMMER SESSION 2025

June 30—August 1

Intermediate Summer Intensive (SI) & Adult Classes

| Time | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|--------------|-----------------|-----------|--------------------|----------|---------------|----------|-------------------------|----------|--------------|----------|
| | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 | Studio 1 | Studio 2 |
| 9:30 | Adult Int | Adult Beg | Adult Int | | Gentle Ballet | | Adult Adv | | Adult Int | |
| 10:00 | | | | | | | | | | |
| 11:00 | SI PBT | | SI Ballet | | SI Floorwork | | SI Conditioning | | SI Ballet | |
| 12:00 | SI Ballet | | | | SI Ballet | | SI Ballet | | | |
| 12:30 | | | | | | | | | SI Pointe | |
| 1:30 | SI Pointe | | SI Technique Focus | | SI Pointe | | SI Pointe | | SI Repertory | |
| 2:30 | break | | break | | break | | break | | | |
| 3:00 | SI Contemporary | | SI Musical Theater | | SI Modern | | SI Flexibility (1 hour) | | | |
| 6:30 | Adult Int | | | | | | Adult Beg | | | |

All Adult Classes are 1.5 hours

All Summer Intensive Ballet classes are 1.5 hours

Pointe, Flexibility, Conditioning, Technique Focus, PBT (Progressing Ballet Technique) & Floorwork are 1hour

Musical Theater, Contemporary, & Modern are 1.5 hours

REGISTRATION FORM – DETACH AND RETURN

Check weeks attending : ___ Wk 1 ___ Wk 2 ___ Wk 3 ___ Wk 4 ___ Wk 5

STUDENT NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____ ZIP CODE: _____

PHONE: _____ EMAIL ADDRESS: _____

PARENT'S NAME: _____ HOW REFERRED TO PAB: _____

TRAINING INFORMATION: Where are you currently dancing? _____

Years dancing ballet taking 2 or more classes per week: _____ Current # of ballet classes per week: _____ Years on pointe: _____

To ensure placement, your registration form and full tuition are due by June 1.

Complete this form and return to PAB, 29 N. Narberth Ave., Narberth, PA 19072

with a check payable to: PENNSYLVANIA ACADEMY OF BALLET

Or call 610.664.3455 to register over the phone.