



Pennsylvania Academy of Ballet
29 North Narberth Avenue
Narberth, PA 19072



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Accompanists
Lauren Hirsch
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2024 Summer Programs

Intermediate Ballet Intensive
Advanced Ballet
June 24—July 26, 2024 Mon.—Thurs. for 5 weeks.

CURRICULUM

Intermediate Ballet Intensive

The Pennsylvania Academy of Ballet is offering a 5-week Classical Ballet Intensive for Intermediate level dancers in the summer of 2024. Instruction focuses on classical ballet technique based on the Vaganova curriculum and method of training. Each session will include a strong mix of technique and pointe work, as well as alternative dance forms and conditioning classes.

2024 supplemental classes will include Modern, Contemporary, & Historic Dance. “Technique Focus” is a special class that will bring intense attention to different individual steps each day. Conditioning classes will include Floorwork and strength, cardio, and flexibility training.

Each day begins at 11:30 and ends at 5:30 pm (5:00 pm on Thursdays). Each week includes 16 scheduled classes, with an additional 8 optional technique classes in our Adult Division available as add-ons (see next panel for details about Adult Division tuition).

Dancers in our Intensive **must** attend a minimum of two (2) weeks. We strongly encourage dancers to schedule **consecutive** weeks to get the benefits of continuity in training.

The program is designed for students age 11 and up who have had a minimum of 3 consecutive years of ballet training and at least 6 months on pointe. The Intermediate program will be open to a small number of pre-pointe students who **must** come for a placement class before the end of May 2024.

Summer Ballet — Advanced

PAB is offering a 5-week summer program for Advanced dancers with 3 or more years on pointe. On Mon-Thu, dancers will take a daily 2-hour ballet class (which will include pointe) from 11 am to 1 pm. Dancers have the option to add Adult classes (see next panel for details about Adult Division tuition) and may return to the studio

for the Historic Dance, Contemporary, and Modern classes on a drop-in basis (\$24/class). To customize a more comprehensive summer program for your Advanced dancer, please call 610.664.3455.

LEVEL PLACEMENT

Dancers will be placed in either the Intermediate Level or the Advanced Level. Level determination for our Summer Program is based on a placement class that may be taken any time from March 13 to May 31. Placement is determined by age and experience. Please call to schedule your placement class at your earliest convenience. If it is impossible for you to come in for a class, please call the studio 610.664.3455 to discuss placement.

Summer Program Tuition

Choose number of weeks you will attend to determine your total tuition due at registration.

Note: There is a 10% tuition discount for anyone attending 4 or 5 weeks of our Summer Programs.

Classical Ballet Intensive — Intermediate

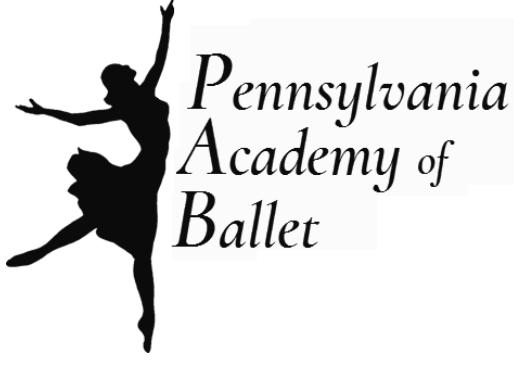
2—3 weeks	\$325/week
4 weeks	\$1,170 (includes 10% disc)
5 weeks	\$1,462 (includes 10% disc)

Summer Ballet — Advanced

1—3 weeks	\$130/week
4 weeks	\$468 (includes 10% disc)
5 weeks	\$585 (includes 10% disc)

ADULT DIVISION CLASSES: Adult division tuition can be paid by Class Card or by individual class.

Single Class	\$20
10-class card	\$180
20-class card	\$340



29 N. Narberth Avenue
Narberth, PA 19072
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SUMMER SESSION 2024 June 24—July 26, 2024

Time	Monday		Tuesday		Wednesday		Thursday		Friday	
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
9:30	Adult Beg/Int		Adult Int		Adult Adv		Adult Int		Adult Int	
10:00		Adventures in Dance 4½-6 yrs 10-11:30am July 8-26		Adventures in Dance 4½-6 yrs 10-11:30am July 8-26		Adventures in Dance 4½-6 yrs 10-11:30am July 8-26		Adventures in Dance 4½-6 yrs 10-11:30am July 8-26		Adventures in Dance 4½-6 yrs 10-11:30am July 8-26
11:00	Adv Ballet *		Adv Ballet *		Adv Ballet *		Adv Ballet *			
11:30		Intermediate Conditioning		Intermediate Technique Focus		Intermediate Floorwork		Intermediate PBT		
12:30		Adventures in Dance 6½-8 yrs 12:30-2:30pm July 8-26		Adventures in Dance 6½-8 yrs 12:30-2:30pm July 8-26		Adventures in Dance 6½-8 yrs 12:30-2:30pm July 8-26		Adventures in Dance 6½-8 yrs 12:30-2:30pm July 8-26		Adventures in Dance 6½-8 yrs 12:30-2:30pm July 8-26
1:00	Int Ballet		Int Ballet		Int Ballet		Int Ballet			
2:30	Int Pointe		Int Pointe		Int Pointe		Int Pointe			
4:00	Historic Dance		Contemporary		Modern		Flexibility			
6:30	Adult Int						Adult Beg			

All Adult Classes are 1.5 hours

* indicates a 2-hour class

All Intermediate Ballet classes are 1.5 hours

Pointe, Flexibility, Conditioning, Technique Focus, PBT & Floorwork are 1 hr

Historic Dance, Contemporary, & Modern are 1.5 hours

REGISTRATION FORM – DETACH AND RETURN

Circle your program: Intermediate ~OR~ Advanced Check weeks attending: ___ Wk 1 ___ Wk 2 ___ Wk 3 ___ Wk 4 ___ Wk 5

STUDENT NAME: _____ DATE OF BIRTH: _____

ADDRESS: _____ ZIP CODE: _____

PHONE: _____ EMAIL ADDRESS: _____

PARENT'S NAME: _____ HOW REFERRED TO PAB: _____

TRAINING INFORMATION: Where are you currently dancing? _____

Years dancing ballet taking 2 or more classes per week: _____ Current # of ballet classes per week: _____ Years on pointe: _____

To ensure placement, your registration form and full tuition are due by June 1.

Complete this form and return to PAB, 29 N. Narberth Ave., Narberth, PA 19072

with a check payable to: PENNSYLVANIA ACADEMY OF BALLET

Or call 610.664.3455 to register over the phone.