

## Pennsylvania Academy of Ballet Summer Intensive 2020

PAB will be offering a “hybrid” Classical Ballet Summer Intensive in 2020. All classes will be available for online participation throughout the 7-week summer course which runs from June 15<sup>th</sup> through July 31<sup>st</sup>. As soon as Montgomery County is moved into the “green phase” by the governor’s office, we will be adding an option for a limited number of students to take class in the studio, as well. We hope and expect that the in-studio option will become available at the end of June or beginning of July. The exact date is, of course, dependent upon the re-opening plan for the Commonwealth of Pennsylvania.

Each day includes 4 classes – Classical Ballet Technique and Pointe every day, Modern/Jazz or Character Repertoire, and Progressing Ballet Technique or Ballet Floorwork.

The Ballet Technique and Pointe classes follow the Vaganova teaching method focusing on the building blocks of ballet: proper body position, musicality, artistry, and control.

The Modern/Jazz classes will incorporate steps and choreography from both genres in a fun, relaxed, routine-based framework.

The Character Repertoire classes will draw on steps and techniques from many different national folk dance traditions to develop our students’ understanding and interpretation of the international flavor of Character Dance.

[PBT](#) and Ballet Floorwork use fundamental ballet techniques and vocabulary to enhance strength, alignment, flexibility, balance, and control.

All online classes are fully interactive – the teacher can see all of the students, give corrections, and answer questions; and the students can see each other, as well, if they choose to.

We are offering a 2-day per week program for Intermediate level dancers on Mondays and Wednesdays, and a 2-day per week program for Advanced level dancers on Tuesdays and Thursdays. For those who want to dance more, there is also a 4-day per week option that is a mixed-level Intermediate/Advanced program on Monday through Thursday each week. There is a 10% tuition discount for the 4-day per week program.

We are also offering a 3-day per week Summer Program for younger dancers. This program includes one Elementary Ballet Floorwork class on Monday mornings and two 60-minute Elementary Ballet Technique classes on Tuesday and Thursday mornings each week.

For those who will be participating from home for the summer, we highly recommend designating a space in your home for dancing, [purchasing or building a solid and secure ballet barre](#), and purchasing a [dance mat from Harlequin](#) or some other reputable dance flooring company. The dance mat will be beneficial for all your dance classes, and critically important for pointe work.

Additionally, students may further supplement their summer training with extra drop-in classes on Monday and Wednesday afternoons and Friday mornings. All summer session classes are taught by experienced PAB faculty.